



# Blue Marlins Swim Team

Parent Handbook

**2022**

## **Introduction**

Welcome to the Amity Athletic Club Blue Marlins Swim Team. We are part of the Berks County Swimming Association. Our pool is located at the Amity Athletic Club located at 55 Amity Park Road, Birdsboro, Pennsylvania.

## **Mission Statement**

The Mission of the Amity Blue Marlins Swim Team is to develop self-confidence, teach the values of good sportsmanship and teamwork and have fun through the sport of swimming.

## **Swimmer Expectations**

1. Have fun
2. Practice good sportsmanship
3. Show respect for your fellow swimmers, coaches and parents

## **Parent Expectations**

1. Encourage your swimmers to have fun
2. Set an example of good sportsmanship for your children
3. Show respect for your fellow parents, coaches and swimmers
4. Volunteer at all home and away meets as needed

## **Swim Team Board Members**

Chairperson: Russ Bozenhard (Email: [rbozenhard@amityac.org](mailto:rbozenhard@amityac.org))

Vice Chairperson: Becky Coyle

Secretary: Lisa Schafer

Treasurer: Kathy Bozenhard (Email: [kbozenhard@amityac.org](mailto:kbozenhard@amityac.org))

Volunteer Coordinator:

Concession Coordinator:

Members at Large:

Patty Duffy

Linda Sutton

Stephanie Vernon

Erin Gaskins

Lauren Bonis

## **Coaches**

- Russ Banak

Coach Russ is the founder of Tier 1 Swimming ([www.tier1swimming.com](http://www.tier1swimming.com)) based at Albright University. He started competitive swimming at the age of 6. By 8, He began breaking records and swimming undefeated season after season. Russ continued swimming throughout his college career. Throughout the years he has done everything from providing swim lessons to coaching privately and on swim teams. Russ is well-respected in the swim team community and is often credited with the success of young swimmers in high-level championship meets such as Junior Olympics and YMCA Nationals. Coach Russ lives in Douglassville with his wife Sharon and 3 children - Bailey, Justin, and Kasha.

- Amy Demberger

Amy is a lifelong swimmer, starting at age five. She has been an assistant coach on the Pottstown YMCA swim team. Amy is also a lifeguard and a lifeguard instructor. When not coaching or teaching lifeguards, she is busy being mom to her son.

- Erin Goudie

Erin has been a member of the Amity AC Swim Team since 2011. She currently attends Messiah University, where she is pursuing a degree in Elementary Education. Erin also swims on the women's swim team for Messiah and helped them win the 2022 Middle Atlantic Conference Championships.

## **Communication**

The Swim Team board and coaches will use several platforms to communicate with families including email, Facebook, the team website and pool communication board.

- Communication Board

The Swim Team has a communication board at the main entrance of the pool.

- Amity AC Blue Marlins Swim Team Website

<http://www.amityacswimteam.org/>

- Facebook Page

<https://facebook.com/AmityACSwimTeam>

- Email - Swim Team Board

[swimteam@amityac.org](mailto:swimteam@amityac.org)

- Email - Coaches

[coaches.swimteam@amityac.org](mailto:coaches.swimteam@amityac.org)

- Swim Team Mailbox

The Swim Team has a mailbox in the pool office. Any forms/money can be handed to the staff member at the front desk. Please ask that it be placed in the Swim Team mailbox. The mailbox will be checked daily.

### **Registration and Fees**

- Pool Registration

All members of the swim team must be members of the Amity Athletic Club Pool. Registration information for the Pool can be found on the Amity AC Pool website.

<http://www.amityac.org>

- Team Registration

Swim Team registration must be completed online at <http://www.amityacswimteam.org>.

2022 Fee Schedule:

First Swimmer	Second Swimmer	Third Swimmer	Each Additional
\$125.00	\$125.00	\$115.00	\$105.00

- Team Suit

Swimmers are encouraged to order a team suit. Team suits can be purchased from the Amity AC Swim Team store on Swim Outlet. They can also be purchased from other retailers.

[Blue Marlins SwimOutlet.com Store](http://BlueMarlinsSwimOutlet.com)

### **Sponsorships**

Swimmers and families are encouraged to request sponsorships from family, friends or local businesses. This is a great way to save money on registration. The sponsorship form and details are attached to this packet.

Details can also be found on the Swim Team Website: <http://www.amityacswimteam.org> under Important Documents

## **Fundraising**

Throughout the season the team will be participating in several fundraising events. These fundraisers are used to pay for things such as pool fee, team equipment and team activities.

## **Concessions**

During home meets, the swim team operates a concession stand independent of the pool's snack bar. This is one of our biggest fundraisers each year. All proceeds directly support the Amity Blue Marlins Swim Team. Parents are asked to donate a food or drink item for each home meet to support our concession sales. If your schedule does not allow time to bring an item to the meet, then we ask that you donate \$10.00 per home meet (paid prior to each meet). Your support is greatly appreciated.

## **Spirit Wear**

Amity Blue Marlins Team wear will be available for purchase from Amity Shirt Factory. Check out the website or look for an order form on the team bulletin board.

## **Attendance Policy**

- Practices

Once school is out for the summer, morning practice times will be available Monday through Friday and evening practices will be held Monday – Thursday unless we have a meet. Swimmers are recommended to practice at least three times per week; however, they are welcome to practice every day.

Practice Times:

Monday-Friday

9:00AM-10:30AM 13 years and over; or as determined by the coaches

10:00AM-11:00AM 12 years and under

Evenings:

Monday-Thursday

6:00PM-7:00PM All Swimmers

- Meet Attendance

There are four dual meets during the season. All dual meets (home and away) are on Mondays and start at 6:00 PM. Swimmers are expected to arrive at 4:30 PM for home meets. Arrival time for away meets is 5:00 PM. During the meets, swimmers are expected remain with the swim team in the designated team area.

Swimmers are expected to attend each meet and will be scheduled as such. The Blue Marlins understand the value of family time and appreciate that families will take vacations in the summer. If you are unable to attend one of the regularly scheduled meets please complete a Hey Coach form.

- Hey Coach forms for absence

Hey Coach Forms can be downloaded from the team website:

<http://www.amityacswimteam.org> under important documents. Complete the form and turn hand it in to a coach after practice.

- Weather Policy

Practice or meets will be cancelled if:

Water temperature falls below 65 degrees.

Air temperature below 70 degrees on an overcast day with no thunder or below 65 degrees if sunny.

Thunder/Lightning Policy:

All activity is to stop and the pool is to be cleared immediate for a period of 30 minutes when thunder is heard. Activity may resume after 30 minutes after the last thunder is heard.

If Lightning is visible, the area is to be cleared immediately and evacuation to shelter is mandatory for a period of 30 minutes after each lightning occurrence.

### **County and Silver Championship Meets**

Swimmers will be automatically entered in Silver Champs or Counties if qualification standards are met.

Please let the coaches know as soon as possible if you will not be able to attend either meet, an absence could impact a relay lineup.

### **Invitational Meets**

Invitational meets are encouraged but not required. All invitational information will be posted on the bulletin boards and the team website. Please make note of the entry deadlines and fees. If your entries and payment are not submitted by the entry deadline, your swimmer will not be entered into that invitational.

### **Volunteering**

Volunteer signups will be managed through the Signup Genius website. You will receive an email from the volunteer coordinator each week with the volunteer needs for the next meet. Parent involvement is critical for a successful swim meet. These are the jobs that are needed in order to have a successful home meet:

Setup – Prepare the pool and the area for the home meet

Cleanup – Clean up the pool area after each home meet

Concessions – Sell food and drinks at home meet, coordinate 50-50 raffle

Timers - One for each lane and a backup timer

Place Judges – Record order of finish of the swimmers for each heat

Official - Starter and at least one stroke and turn official (Must be trained)

Scorer's Table – Enter times and order of finish into the scoring computer

Meet Announcer – Announce swimmers of each event

Zookeepers – Zookeepers are parent helpers who organize the younger swimmers to ensure they are at the starting blocks prior to their scheduled events. (One for each age group boys and girls: 8 and under, 9-10 and 11-12). Swimmers 13 and older are expected to be listening to the meet and be prepared to swim at the time of their event.

If you have any comments, suggestions or ideas please feel free to reach out to any member of the board.

**GO BLUE MARLINS!!**

## **Sponsorship Opportunities**

### Sponsorship Opportunities

A great way to help save money on your Swim Team registration is to collect sponsorships.

Sponsorships can be collected from local businesses, family members or friends. The advantage of collecting sponsorships is that they can be used to reduce your registration cost. No refund/money will be awarded beyond the original registration fees paid.

Sponsorship levels:

For every \$50.00 Bronze Medal sponsorship the swimmer collects, swimmers earn \$25.00 refund on your registration fee. Four sponsorships would equal a \$100 refund.

For every \$250.00 Silver Medal sponsorship swimmers collect, swimmers earn a refund of one (1) FREE registration.

For every \$500.00 Gold Medal sponsorship swimmers (families) collect, swimmers earn a refund of two (2) FREE registrations, if applicable.

There are two types of sponsorships available (Individual and Team). In order to receive a refund, please select Individual on the attached sponsorship form and indicate the swimmers name(s) on the form. If no selection is made or if Team is selected, no refund will be awarded. This option may be preferred by businesses wishing to support the team as a whole.

## Amity Athletic Club Blue Marlins Swim Team Sponsorships

The Mission of the Blue Marlins Swim Team is to develop self-confidence, teach the values of good sportsmanship and teamwork and have fun through the sport of swimming.

Your generous donation enables the swim team to offset the costs of supplies, equipment and pool repairs needed to run a successful program. We offer three ways to support this amazing organization with a great mission. Any contribution is greatly appreciated.

-Thank You-

### Sponsorship levels

#### Bronze Medal Sponsorship: \$50 Donation

Your company's name will be included on our team t-shirts, which will be worn proudly by both swimmers and parents alike. Your company's name and business card will also be posted at the main entrance of the Amity AC Pool.

#### Silver Medal Sponsorship: \$250 Donation

In addition to the Bronze Medal benefits, your company name, logo (if provided) and web address will be displayed on the Amity AC Swim Team website. [www.amityacswimteam.org](http://www.amityacswimteam.org). Also, a sponsorship banner will be displayed at the pool all summer long. The banner can be provided or the swim team will create a 2.5 X 4 foot banner with a logo you provide.

#### Gold Medal Sponsorship: \$500 Donation

Includes Bronze and Silver benefits with a larger (4 X 4 foot) banner. Additionally, Gold sponsors will be featured as "Sponsor of the Week" on our Facebook page ([only 8 available](#))

For more information contact: Russell Bozenhard at [swimteam@amityac.org](mailto:swimteam@amityac.org)



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Please detach this portion and return with your check made payable to

**Amity AC Swim Team**  
702 Green Meadow Drive  
Douglassville, PA 19518

Sponsorship type: ☐ Team ☐ Individual

Sponsor Level (Circle): Bronze (\$50) Silver (\$250) Gold (\$500)

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Business Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email your logo or company artwork to: [swimteam@amityac.org](mailto:swimteam@amityac.org) for banner design.

If you chose to make a donation on behalf of an individual swimmer, please include their name

Amity Swimmer Name: \_\_\_\_\_